HEATON PLACE HERALD 2019

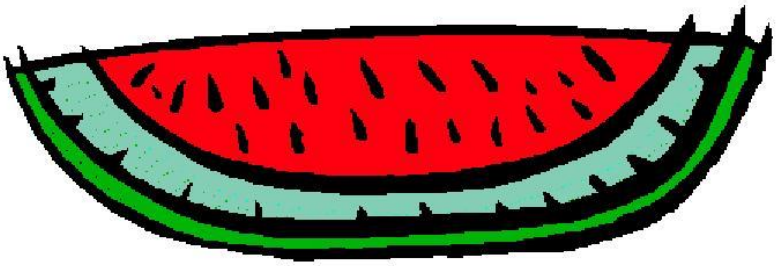
Happy BC Day holiday for August 05th.

The weather has been lovely and these small rain showers have been very refreshing, everything is green and our courtyard is a wonderful space to sit and enjoy.

August is a busy month from the looks of the calendar and the last week will be full of excitement with the upcoming IPE. We will not be selling the IPE tickets this year and our annual IPE pancake breakfast has a change as well, as it will be for our residents only. It will be held in the dining room but like previous years we will have entertainment and all the good food, good friends and fun! Hopefully, everyone will be able to join us.

My August inspirational quote is about kindness and I feel sometimes we all have to be reminded to spread kindness around.

Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters. Make a difference for another today! *Author Amy Leigh Mercree.*



Recreation & Activities

Hello everyone! Welcome to August! Wow, how time flies when you are having fun!

We have some new residents and some we have said goodbye to but every resident that has been a part of Heaton Place we hold dear to our hearts!

We hope everyone that signed up enjoyed last month's boat cruise and all the wonderful music that we had!

Gearing up for this month, we have a "picnic in the park" coming up at Memorial Park here in Armstrong on Tuesday, August 27th, so please see either Fran or Tracy if you would like to sign up and weather permitting of course!

This month we also have some classical music, not to mention some old favourites! Fran has also invited a lady that will be teaching card stamping so if you don't know what that is then come down and join in! It's going to be fun!! Dress western the last week for IPE!

HAPPY BIRTHDAY

JIM T.	**AUGUST 8**
BEV G.	**AUGUST 11**
ALICE B.	**AUGUST 17**
HAZEL T.	**AUGUST 25**
GLEN M.	**AUGUST 25**

If there is a fieldtrip or anything else that you would like to see please come and let us know as we would like to accommodate as much as we can!

HAPPY AUGUST!!!

Your Management Team

Manager

Penny Christensen

Administrative Assistant/Activities Director

Tracy Edwards

Maintenance Manager

Dave Enoch

Activities Assistant/Housekeeping Supervisor

Frances Yasinski

Sous Chefs

Kim Simpson

Rona Kuit