

THE HIGHLANDS NEWS

July 2018

July

Now that summer is here and the kids are out of school, it is the time of year when our staff takes their well-deserved annual vacations. Please don't be surprised to see some familiar faces doing unfamiliar jobs. We will all do our best to ensure that you all get the same great service you have come to expect. Speaking of vacations, we are taking a special vacation on July 19th. We are taking a trip back in time. We will be travelling back to the 1950's. The time of saddle shoes and poodle skirts, penny loafers and slicked back hair, skinny ties and flipped up collars, time of the twist, the stroll and the bop. Join us at The Diner (the dining room) for a fun evening with entertainer Roland Quessth. Our free shuttle this month is to beautiful Guisachan Heritage Park. Please watch for the sign-up sheet on the dining room bulletin board. At the End of July we have our first Therapeutic Lake Cruise so please watch for the sign-up sheet to be posted. There is a \$10.00 fee for this event that includes a picnic lunch on the lake. For more information please see Lisa. We have also scheduled a Kelowna Falcons baseball game. Please watch for the sign-up sheet on the dining room bulletin board and check your Activity Calendar for the date and time. The Men's Club also has a trip to Lake City Bowling and Billiards. This is a Men's Club Exclusive event; please see Lisa or Jonas for details.

"That beautiful season the Summer!
Filled was the air with a dreamy and magical light;
And the landscape
Lay as if new created in all the freshness of
childhood."

Henry Wadsworth Longfellow



Wise Words

"The world has enough beautiful mountains and meadows, spectacular skies and serene lakes. It has enough lush forests, flowered fields, and sandy beaches. It has plenty of stars and the promise of a new sunrise and sunset every day. What the world needs more of, are people to appreciate and enjoy it."

Michael Josephson

Hello and Goodbyes

We would like to wish Tillie & Allan F. and Marvin K. good luck and best wishes as they settle into their new homes.

Reminders

Sun Safe – please remember to be sun smart when going outdoors now that summer is here. Wear light clothing, sunglasses, sun screen and a hat. Please also remember to stay hydrated by drinking plenty of water. A water station is set up in the dining room on hot days. So if you are out and about, come on in and have glass of cool refreshing water.

Quail – We all love to see quail running about the grounds, and this time of year we tend to see many babies. Please refrain from picking up the babies as they may be rejected by the parents if they smell too human. Infant quail have a very low survival rate without the parents to care for them.

First Aid – We have recently had many questions regarding resident performing First Aid on other residents. Should you find yourself alone without a staff member, in a situation where another resident is in distress, we recommend you immediately call 911. The operator will direct you in what to do until staff and paramedics arrive.

Brainteaser – July's Brainteaser sheet will be ready for pick up from Lisa's desk July 3. Please give it a try, you could win a prize.

Highlands Dishes – Please check your cupboards for the Highlands dishes. They are white china with the word brown stamped on the bottom. Should you find any, please return them to the dining room.



Upcoming Events

- July 1 – Canada Day
- July 3 – Men's Club with Jonas – 10:00
- July 10 – Bingo '4' Quarters with Elana – 1:00
- July 12 – Shuttle To Walmart – 9:30
- July 17 – Men's Club to Lake City
Billiards -12:30
- July 19 – 1950's Theme Night with Roland
Quessth – 5:30
- July 21 – Free Shuttle to Guisachan Heritage
Park – 10:30
- July 21 – B.B.Q. Lunch – 12:00
- July 25 – Specialty Breakfast – 8:30
- July 26 – Lake Cruise & Picnic – 10:30
- July 26 – Fire Drill – 1:45
- July 28 – Kelowna Falcon's
Baseball Game – 6:15
- July 30 – Birthday Dinner – 5:30
- July 31 – Men's Club with Jonas – 10:00

Funnies

Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something funny about Mabel's ear and she said, "Mabel, did you know you've got a suppository in your left ear?" Mabel answered, "I have a suppository?" She pulled it out and stared at it. Then she said, "Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is."