

THE HIGHLANDS NEWS

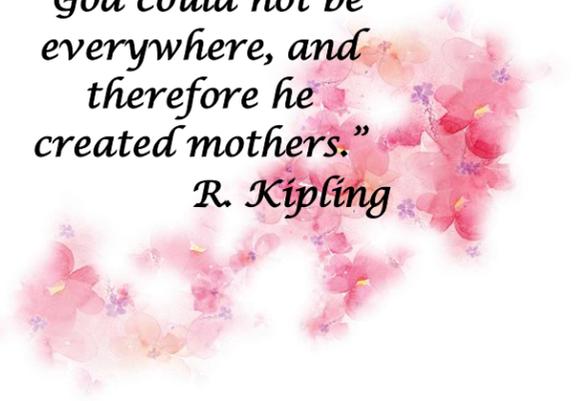
May 2019

May

Apple blossom scented breezes drift through the valley and the warm sunlight flickers through the new leaves on the tree branches. Tea Time on the patio, song birds dancing through the blue sky singing happily, flowers in bloom everywhere you look. It is May in Kelowna! The outside is beckoning us to come. As well as Tea Time on the patio, we will be planting the vegetable gardens this month along with many other outdoor activities like Bocce Ball, Croquet and walking. Our first B.B.Q. Lunch of the season will be May 25th. We will continue our journey around the world with a stop in Mexico to celebrate the holiday of Cinco de Mayo. We'll taste the food and culture and be entertained by Roland Quessth. Dressing up for the occasion is strongly recommended and it is fun. Of course May is the month we celebrate Moms. To all of you who are mothers or have mothers, Happy Mother's. Our annual Mother's Day Tea will be on Saturday May 11th. Please feel free to invite friends and family to this lovely afternoon. Bobby is also cooking up a special Mother's Day dinner for May 12th. We hope you enjoy. Our Free Shuttle this month is to the Greenery Garden Center. The sign-up sheet will be posted on the dining Room bulletin board. Lisa will be taking part of her annual vacation this month. Please continue with activities, Elana and Amy have both volunteered to fill in for a couple activities that have been scheduled. Have a wonderful May!

"God could not be everywhere, and therefore he created mothers."

R. Kipling



Wise Words

"This river of kindness flows through each and every one of us, connecting us. Because kindness is more than just medicine. The act of giving and receiving is where the real magic of human connection occurs."

Leon Logothesis



Hellos and Goodbyes

Please give a warm Highlands welcome to new resident Mary S. as she settles in her new home here at the Highlands.

We would like to say goodbye to 2 longtime residents Vera S. and Marvin H. You both will be missed.

Reminders

Pendent Testing – We will be holding a pendent test Tuesday May 7. Please bring your pendent in at dinner time and Lisa will test for you. Thank you.

Shuttle Days – Please make an appointment with Tony for the Shuttle on May 15 and 17 as Lisa will be on vacation.

Refer a Friend Program – Do you know a friend who is thinking about moving and would be a good fit for our retirement community? If your friend decides to move in anytime within 2019 and stay for a minimum of 6 months, you can receive \$500 rebate on your rent. Please see Tony or Lisa for more details.

Highlands Dishes – please check your cupboards for Highlands' dishes, should you find any please return them to dining room. Highlands' dishes are white china with the word brown on the bottom. Thank you

Pet Owners – This is a reminder to all pet owners to please clean up after your pet. Your pet may not use the inner court yard as a bathroom. Please ensure that you are taking them off the property to do their business, and no matter where they leave a mess it is the pet owner's responsibility to pick it up and dispose of it properly.



Happy Mother's Day

Two children ordered their mother to stay in bed one Mother's Day morning. As she lay there looking forward to breakfast in bed, the smell of bacon floated up from the kitchen. But after a good long wait she finally went downstairs to investigate. She found them both sitting at the table eating bacon and eggs. "As a surprise for Mother's Day," one explained, "We decided to cook our own breakfast."

Shuttle Changes

Due to increases in transportation costs we have had to make some changes to the Tuesday Shuttle to Kane Rd. shopping plaza and the Thursday monthly Walmart Shuttle. We can no longer offer these services free of charge. Starting in May 28th the shuttle to Kane Rd. will be a \$2.00 return trip. This trip will be called the Twoonie Tuesday Shuttle. The Walmart Shuttle on the first Thursday of the month will also be a \$2.00 return trip. We will still continue to offer the monthly Free Shuttle field trip. We are sorry for any inconvenience this may cause and we thank you for your support on this issue.

Upcoming Events

- May 1- Specialty Breakfast -8:15*
- May 2 - Free Shuttle to Walmart - 9:30*
- May 7 - Cinco de Mayo Celebration - 5:30*
- May 8 - Specialty Breakfast - 8:15*
- May 9 - Free Shuttle to the Greenery - 10:30*
- May 11 - Mother's Day Tea - 2:00*
- May 12 - Mother's Day Dinner - 5:30*
- May 15 - Specialty Breakfast -8:15*
- May 16 - Ladder Ball with Amy - 1:00*
- May 20 - Victoria Day Holiday*
- May 21 - Bingo 4 Quarters with Elana - 1:00*
- May 22 - Specialty Breakfast - 8:15*
- May 23 - Fire Drill - 1:45*
- May 25 - B.B.Q. Lunch -12:00*
- May 26 - Birthday Dinner - 5:30*
- May 28 - Twoonie Tuesday Shuttle -9:00*
- May 29- Specialty Breakfast - 8:15*