

THE HIGHLANDS NEWS

September 2018

September

The shadows lengthen across the lawns, the magnificent summer sun sleeps earlier and earlier each evening, waking later to see the late summer blooms sprinkled with dew. Fruit and vegetables ripened to perfection, awaiting the harvester's hands. The sounds of summer gently quiet as children return to school. It is September. September is the "back to" month. Back to work, back to school, and to routine. Now that most staff has returned from vacation, we will be settling back into routine. Regular scheduled activities have started up again, and we hope to see you there. There will be a few changes however, Men's Club has changed to Tuesday afternoons and we have added a Free Shuttle on to Tuesday mornings, so please check your Activity Calendar. September in the Okanagan is the start of the harvest. We are celebrating the Okanagan harvest, with a trip to the Okanagan Wine and Orchard Museum, a picnic lunch at Gellatly Nut Farm and an apple pie tasting. If you have a favorite apple pie recipe please bring it to Lisa.



Reminders

Air Quality – Even though the weather has cooled a bit we still have many fires burning in the province. Air quality can change from day to day. If you have breathing issues, please watch for air quality advisories and smoky sky warnings. We may have these issues until the snow falls.

Sun Safety – Please remember to be sun smart when you are out of doors. September still can be very hot with high UV index readings. Wear sun screen, a hat and sunglasses and drink plenty of water. Avoid exercising in the hottest part of the day.

Highlands' Dishes – This is a reminder to check your cupboards for the Highlands' dishes. They are white china with brown stamped on the bottom. Should you find any dishes, please return them to the kitchen.

Funnies

"Sugar why don't you sit down by the table and we'll start supper." Said Dorothy to her Husband of 50 years.

"Sure thing," said her husband settling himself down. "Now darling, would you like the soup first or the salad?" Questioned Dorothy.

"Umm I guess I'll take the soup." He responded.

After a whole meal of one endearing term after another, their guest Bob couldn't contain his curiosity any longer. Bob snuck into the kitchen and asked, "Dorothy do you always talk to your husband like that?"

"Bob, I'll be honest with you," Dorothy replied. "It's been five years now, I just can't remember his name, and I am just too embarrassed to ask him!"

Brainteaser

September's Brainteaser sheets will be ready and on Lisa's desk September 5th. Come in pick one up complete and return it. You could win a prize. The winner of August's Brainteaser is Jim Dawson. Congratulations Jim please see Lisa for your prize.

Shuttle to Kane Rd.

We have added a new trip to our Shuttle schedule. We are starting a Free Shuttle to Kane Rd. shopping area. Twice a month, we will have 2 trips to Kane Rd. one at 9:00 am and the second at 10:00 am. This service will start Tuesday September 11, and continue every second Tuesday. Please watch for the sign-up sheets on the Shuttle Sign-up board beside the mailboxes.

Kelowna Transit

After years of discussion with the city we are getting a bus stop closer to Highlands. Kelowna Transit has changed the #7 bus route to #18 and #19. These new routes are extending transit to John Hindle Drive off Glenmore Rd. This has made the bus stops closer to the Highlands. New bus stops are located at the intersection of Scenic Rd. and Glenmore Rd. For those who use transit please be advised there is no sidewalk from Snowsell St. to Scenic Rd., please use extra caution when accessing the new bus stops. The new bus service starts on September 2. Please see Lisa for more information and a new bus schedule.

Hello and Goodbyes

Please give new resident Allen N. a warm Highlands welcome as he settles in to his new home here at the Highlands.

We would like to say goodbye to our dear friend Ugo B. Our thoughts and prayers are with his family at this time.

We would also like to say goodbye to our dear friend Nonie B. Our thoughts and prayers are with Nonie and her family at this time.

Upcoming Events

- Sept. 3 - Labor Day Holiday
- Sept. 5 - B.B.Q. Lunch - 12:00
- Sept. 11 - Free Shuttle to Kane Rd. - 9:00
- Sept. 13 - Walking to Springfield Park - 10:30
- Sept. 13 - Tea Time with Rod Russell - 2:00
- Sept. 19 - Specialty Breakfast - 8:15
- Sept. 20 - Free Shuttle to Okanagan Wine and Orchard Museum - 10:30
- Sept. 20 - Apple Pie Tasting - 2:00
- Sept. 22 - Birthday B.B.Q. Dinner - 5:30
- Sept. 25 - Free Shuttle to Kane Rd. - 9:00
- Sept. 25 - Fire Drill - 1:45
- Sept. 27 - Art Gallery Walk - 10:30
- Sept. 29 - Picnic at Gellatly Nut Farm - 10:30

