

THE HIGHLANDS NEWS

March 2024

March

March is here and we have a very busy month ahead of us. Daylight Savings Time begins March 10th; we have Jeremy Messenger back to entertain us, and Bunny Races. We will be celebrating St. Patrick's Day with a lovely Irish Dinner. The first day of spring is right around the corner and we are planning a special Spring Tea on that day. We can't wait to see what kind of amazing treats Emily bakes! We'll have to wait and see! We have Tymely Mobile Fashions coming in just in time for Easter. Please invite your friends and family to come and check out this new mobile clothing store. Walking Club begins this month, weather permitting of course. Finally, at the end of March we have the Easter Holiday weekend. Please check your Activity Calendar for the times and dates for all the fun events, along with all the regularly scheduled activities.

*"The March wind roars
Like a lion in the sky,
And makes us shiver
As he passes by.
When winds are soft,
And the days are warm and clear,
Just like a gentle lamb,
Then spring is here."*
- Author Unknown



Hellos and Goodbyes

Please give new resident Rosie S. a warm Highlands Welcome as she makes the Highlands her new home. Also please wish Rebecca H. all the best as she leaves the Highlands to be closer to her family.

Wise Words

"Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts. There is something infinitely healing in the repeated refrains of nature — the assurance that dawn comes after night, and spring after winter."

Rachel Carson



Reminders

Tenant's Insurance - This is a reminder to all residents; as you renew your tenant's insurance policies for the year, the office needs an updated copy for your files. The copy must contain the name of your insurer, your policy number, and the term of your insurance. Your insurance provider can even email a copy of your policy directly to the office, and we can print a copy for your file. Please use email manager@highlandsretirement.com.

Beware of Scams – Please be extra careful, The Grandparent Scam is very prolific in our area. Also this time of year please watch for CRA Scams. The Canada Revenue Agency or your Bank does **NOT** call you and ask for money or your credit card information, nor do they threaten to arrest you.

Water – Please notify the office as soon as you notice any water leaks, even if management has already gone. Staff is able to minimize water damage quickly by shutting off the water. Water leaks can go from a small problem to a very serious problem very quickly.

Highlands Dishes – Please check your cupboards for Highlands' dishes, should you find any please return them to dining room, or give them to your housekeeper. Highlands' dishes are white china with the word brown on the bottom. Thank you

Pet Owners – This is a reminder to all pet owners to please clean up after your pet. Your pet may not use the inner court yard as a bathroom. Please ensure that you are taking them off the property to do their business, and no matter where they leave a mess it is the pet owner's responsibility to pick it up and dispose of it properly.

Irish Blessing

May love and laughter light your days, and warm your heart and home, may good and faithful friends be yours, wherever you may roam. May peace and plenty bless your world, with joy that long endures, may all life's passing seasons, bring the best to you and yours."



Spring Cleaning

Spring cleaning of the suites will begin March 4, yes it is a bit early but we have both Cathy back and Brooklyn available to get a nice early start this year. They will be working together to get your regular housekeeping done, along with the extra spring cleaning tasks. Please remove any window decorations like sun catchers from your window and ornaments from the window sills on your regular cleaning day. Spring is a great time to purge some the clutter you may have collected over the winter. Most items can be recycled so arrange with your family members to drop them off. It is also a good to think about annual carpet cleaning. We do have a couple of companies that we can recommend. First is **PERMA TOUCH** and the contact is Keith - **250-861-5549**. The second is **Damn Good Steam Cleaning** and the contact is Lance - **250-870-1055**. Both companies are highly recommended and reasonably priced.



International Women's Day

Lisa will be hosting our Tea Time Show Tell on International Women's Day Friday March 8. Please come join us for this special celebration of women that have impacted the world in a positive way. Also there will be a discussion of our legacy, what experiences, lessons and ideals are we have learned, and what kind of world we are leaving for our daughters and granddaughters. We hope you join us for this very interesting afternoon.

Upcoming Events

- March 2 - Sharing Circle – 1:00
- March 5 – Toonie Tuesday Shuttle to Kane Rd. – 9:30
- March 6 – Shuttle Day
- March 8 – International Women's Day
- March 10 – Daylight Savings Time Begins
- March 13 – Shuttle Day
- March 14 – Tea Time with Jeremy Messenger – 1:30
- March 15 – Bunny Races – 1:00
- March 17 – St. Patrick's Day
- March 17 – St. Patrick's Day Dinner – 4:45 & 5:30
- March 19 – First Day of Spring
- March 19 – Toonie Tuesday Shuttle to Walmart – 9:30
- March 20 – Shuttle Day
- March 21 – Bunny Races – 1:00
- March 23 – Saturday Matinee - 1:00
- March 26 – Walking Club – 10:30
- March 27 – Shuttle Day
- March 28 – Tymely Mobile Fashions – 1:00 to 3:30
- March 29 – Good Friday
- March 31 – Easter Sunday
- March 31 – Easter Dinner – 4:45 & 5:30

Happy Easter Every One!